

Breakfast

TOAST	6
Pide / sourdough / multigrain / dark rye / fruit loaf (GF quinoa loaf add +1)	
BIRCHER MUESLI	10
With yogurt, caramelised apple and pistachio	
YOGURT BOWL	10
Yogurt with paleo mix, granola and caramelised apple	
SIMPLE OAT PORRIDGE	10
With caramelised apple, brown sugar and almond flake	
BELGIAN SPELT WAFFLE	12
With maple syrup, fresh strawberries and mascarpone	
SMASHED AVOCADO (GFO)	14
With harissa, tomato, chilli salsa and Meredith goats cheese topped with a fried free-range egg and dukkah on sourdough	
EGGS FLORENTINE	15
With smoked salmon pastrami and hollandaise on grilled sourdough	
MUSHROOMS ON TOAST (GFO)	14
On grilled sourdough, Meredith feta, sesame sauce and a free-range poached egg	
FREE-RANGE EGGS ON TOAST	9
Spinach / grilled tomato / hollandaise / tomato relish	+2.5
Haloumi / Meredith feta / avocado	+3.5
Bacon / mushroom / sujuk (beef chorizo)	+4.0
Smoked salmon pastrami	+6.0

Omelettes

Zaatar and tasty cheese	9
Harissa mushroom and kale	9
Spinach, broccoli and zucchini	9
Beef chorizo, grilled capsicum and tahini	9

All omelettes served with a slice of sourdough (Egg white-only option add +1)

Shakshouka

TRADITIONAL (VO, GFO)	15
Two free-range eggs poached in a spicy tomato and capsicum ragout, topped with haloumi, dukkah and parsley served with a side of warm pita	
GREEN SUPERFOOD (VO, GFO)	15
Two free-range eggs poached in zucchini sauce with broccoli, kale and okra topped with Meredith feta and dukkah served with a side of warm pita	
MOROCCAN STYLE CHILLI CON CARNE (GF)	15
Spiced lamb mince, chilli tomato sauce with two free-range poached eggs topped with shredded cabbage and a side of warm pita	
FUL-MEDDAMAS (GF, VO)	12
Egyptian-style bean stew with two poached eggs, topped with chilli dukkah and shredded cabbage with a side of warm pita	

Vegan option - eggs can be substituted with eggplant

Pita Pocket

FALAFEL (VO, GFO)	10
With boiled egg, sliced eggplant, Israeli salad, lettuce, pickled cabbage, hummus, amba and tahini	
EGGPLANT SABIH (VO, GFO)	9
With Israeli salad, boiled egg, lettuce, pickled cabbage, hummus, amba and tahini	
CRISPY CAULIFLOWER	10
With Israeli salad, boiled egg, lettuce, pickled cabbage, hummus, amba and tahini	
CHERMOULA CHICKEN (GFO)	12
With tahini coleslaw, hummus, sliced eggplant, pickled cabbage, amba and tahini	
LAMB SHAWARMA (GFO)	12
With Israeli salad, boiled egg, lettuce, hummus, pickled cabbage, amba and tahini	

Pita Platter

VEGETARIAN PLATTER (VO, GFO)	16
A sampling of sliced eggplant, falafel, crispy cauliflower, tahini, amba, hummus, boiled egg, Israeli salad, lettuce, pickled cabbage and warm pita	
MEAT PLATTER (GFO)	18
A sampling of lamb shoulder and harissa chicken with tahini, amba, hummus, Israeli salad, boiled egg, lettuce, pickled cabbage and warm pita	

Salads

CRUNCHY MOROCCAN CHICKEN SLAW	12
Red and white cabbage with carrots and parsley, pulled chermoula chicken, crunchy noodles with amba and sesame dressing	
COBB SALAD (GF, VO)	12
Grilled corn, broccoli, grated carrot, cucumber, lettuce, boiled egg, tomato and sesame dressing	
Add chicken	+4
Add lamb	+4

Sandwiches

CRUNCHY CHICKEN PIDE	12
Served with tomato, pickles, harissa mayo and lettuce	

Drinks

ICED COFFEE / CHOCOLATE / MOCHA	6
MILKSHAKES	6
Chocolate / vanilla / strawberry / caramel	
Kids size	4
ORGANIC JUICES	5
Orange / grapefruit / apple	
HEPBURN SPRINGS	
Sparkling mineral (regular / large)	3.5 / 5.5
Organic lemonade	4
KARMA	4
Cola / Blood Orange / Ginger Ale / Blackcurrant	

Smoothies

HALVA POWERHOUSE	10
Banana, dates, tahini, sesame seeds, cinnamon, cacao, vanilla and almond milk	
RASPBERRIES AND CREAM	10
Raspberries, coconut milk, almond milk, vanilla, dates, honey and shredded coconut	

Coffee & Tea

COFFEE (ALLPRESS)	3.5
Milk	+0.3
Large	+0.8
Decaf	+0.5
Bonsoy	+0.5
Almond	+1
Hot chocolate	4
Prana chai	4.5
COLD DRIP (ALLPRESS)	4.5
Rotating single origin served on ice with milk and vanilla syrup on the side	
TEA (LARSEN & THOMPSON)	4
English Breakfast / Earl Grey / Peppermint Lemongrass & Ginger / Chamomile / Yunnan Green	

Alcohol

COCKTAILS	
Bellini (peach nectar & sparkling)	7
Virgin Bellini	5
Bloody Mary	10
Virgin Mary	6
Pirate's Gold (cold drip & rum)	8
BEER	
Little Creatures Dogs Days Summer Beer	6
Stone & Wood Pacific Ale	7
Once Bitter Urban Ale	7
CIDER	
Appleshack Cider	7
WHITE	
2012 Sauvignon Blanc Margaret River (WA)	6
2009 Chardonnay Yarra Valley (VIC)	7 / 26
2013 Pinot Gris Southern Fleurieu (SA)	8 / 30
RED	
2012 Pinot Noir Pemberton (WA)	6
2011 Cabernet Merlot Margaret River (WA)	7 / 26
2007 Shiraz Heathcote (VIC)	8 / 30
Sparkling (NV) Brut Cuvee Pemberton (WA)	6